

Kings Head Canter 2026

Kings Head Canter 5K

31 August 2026 11:00

<i>Place</i>	<i>Finish Time</i>	<i>Chip Time</i>	<i>First Name</i>	<i>Last Name</i>	<i>Club / Team</i>	<i>Race No.</i>	<i>Category</i>	<i>Age Grade %</i>
1	00:15:19	00:15:17	James	Turner	Brighton & Hove City AC	224	Senior Men 18-39	85.83
2	00:15:23	00:15:20	Kieran	Barnes	Holland Sports AC	261	Senior Men 18-39	83.57
3	00:15:26	00:15:24	Ferdie	Parsons	Brighton Phoenix	343	Senior Men 18-39	83.25
4	00:15:29	00:15:27	George	Mallett	Hercules Wimbledon AC	134	Senior Men 18-39	83.21
5	00:15:32	00:15:30	Simon	Heath	Brighton Phoenix	99	Senior Men 18-39	86.44
6	00:16:01	00:15:59	Ashley	Vora	Hastings Runners	229	Senior Men 18-39	81.49
7	00:16:03	00:16:01	Jake	Forrest	Brighton & Hove City AC	71	Senior Men 18-39	80.04
8	00:16:04	00:16:02	Fintan	Pearce	Eastbourne Rovers AC	173	Senior Men 18-39	79.99
9	00:16:09	00:16:06	Jamie	Signy	Brighton Phoenix	203	Senior Men 18-39	83.22
10	00:16:18	00:16:15	Ashley	Middleton	Lingfield RC	143	Senior Men 18-39	78.94
11	00:16:21	00:16:19	James	Dicks	Brighton & Hove City AC	50	Senior Men 18-39	80.37
12	00:16:29	00:16:27	Patrick	Marsden	Eastbourne Rovers AC	137	Vet Men 40-44	82.08
13	00:16:52	00:16:49	Will	Isted	Crowborough Runners	112	Senior Men 18-39	76.20
14	00:16:56	00:16:54	George	Stewart	Lewes AC	211	Senior Men 18-39	76.35
15	00:16:58	00:16:54	Luke	Tomsett	Eastbourne Rovers AC	219	Senior Men 18-39	75.85
16	00:16:58	00:16:55	Luke	Brown	Brighton Phoenix	22	Senior Men 18-39	76.95
17	00:17:09	00:17:06	Noah	Gouls	Eastbourne Rovers AC	83	Senior Men 18-39	74.96
18	00:17:21	00:17:19	Dan	Celani	Lingfield RC	31	Vet Men 45-49	82.22
19	00:17:26	00:17:22	Sam	Hawkins	Brighton Phoenix	287	Vet Men 45-49	80.58
20	00:17:31	00:17:28	Luke	Piper	Brighton Phoenix	182	Senior Men 18-39	73.39
21	00:17:32	00:17:29	Jon	Clays	Brighton Phoenix	33	Vet Men 45-49	80.15
22	00:17:33	00:17:30	Ben	Peters	Lewes AC	177	Senior Men 18-39	74.41
23	00:17:33	00:17:30	Teo	Van Well	Brighton Phoenix	215	Vet Men 45-49	81.27
24	00:17:37	00:17:34	Tim	Bramly	Brighton Phoenix	20	Senior Men 18-39	72.91
25	00:17:38	00:17:35	James	Caffrey	Lingfield RC	283	Vet Men 40-44	79.07
26	00:17:40	00:17:37	Alex	Garrod	Brighton Phoenix	76	Senior Men 18-39	73.18
27	00:17:42	00:17:38	Tobias	May	Brighton Phoenix	141	Vet Men 45-49	81.28
28	00:17:49	00:17:46	Simon	Petitt	Lingfield RC	178	Senior Men 18-39	72.32
29	00:17:57	00:17:54	Richard	Impey	Brighton Phoenix	111	Senior Men 18-39	73.75
30	00:18:03	00:18:01	Izzy	Bradford	Lewes AC	17	Senior Women 18-39	82.43
31	00:18:07	00:18:01	Jamie	Topping	Haywards Heath Harriers	220	Vet Men 45-49	78.14
32	00:18:12	00:18:09	Matthew	Windham	Portslade HedgeHoppers	254	Vet Men 50-54	82.88
33	00:18:14	00:18:11	Del	Wallace	Brighton Phoenix	234	Vet Men 45-49	78.22
34	00:18:17	00:18:14	Alan	Silvester	Arena 80 AC	204	Vet Men 45-49	76.85
35	00:18:18	00:18:15	Louis	Taub	Brighton & Hove City AC	214	Vet Men 50-54	80.48
36	00:18:30	00:18:28	Maisie	Trafford	Brighton Phoenix	221	Senior Women 18-39	79.61
37	00:18:36	00:18:33	Freda	Pearce	Eastbourne Rovers AC	172	Junior Women 10-17	80.52
38	00:18:45	00:18:41	Tom	Hooper	Brighton Phoenix	106	Vet Men 40-44	73.79
39	00:18:51	00:18:49	Alexander	Rawlinson	Portslade HedgeHoppers	193	Senior Men 18-39	69.72
40	00:18:52	00:18:47	Jonathan	Burrell	Lewes AC	28	Vet Men 60-64	86.39

Kings Head Canter 2026

Kings Head Canter 5K

31 August 2026 11:00

41	00:18:52	00:18:47	William	Dean	Crowborough Runners	47	Junior Men 10-17	70.49
42	00:18:55	00:18:51	Toby	Cherry	Lewes AC	262	Senior Men 18-39	67.94
43	00:18:57	00:18:50	David	Bradford		18	Vet Men 40-44	73.58
44	00:19:01	00:18:56	Daryl	Hopkins		299	Senior Men 18-39	69.09
45	00:19:04	00:19:00	Alfred	Parris	Great Expectations	168	Senior Men 18-39	67.41
46	00:19:06	00:19:02	Laura	Smith	Brighton Phoenix	206	Senior Women 18-39	77.14
47	00:19:06	00:19:03	Stuart	Underwood	Brighton & Hove City AC	225	Vet Men 40-44	72.45
48	00:19:08	00:19:01	Tom	Wheatley	Brighton Phoenix	250	Vet Men 40-44	72.87
49	00:19:12	00:19:08	Jack	Hayward	Brighton Phoenix	97	Senior Men 18-39	67.01
50	00:19:12	00:19:09	Eilish	Dawson	Brighton Phoenix	43	Senior Women 18-39	76.71
51	00:19:14	00:19:10	Amy	Harris	Brighton Phoenix	94	Senior Women 18-39	76.68
52	00:19:14	00:19:11	James	Collingwood		36	Senior Men 18-39	67.00
53	00:19:17	00:19:12	Oliver	Day	Burgess Hill Runners	44	Vet Men 60-64	83.01
54	00:19:24	00:19:16	Kurt	Hoyte	Brighton Phoenix	313	Vet Men 60-64	84.00
55	00:19:26	00:19:19	Rob	Vasler		337	Vet Men 40-44	70.17
56	00:19:28	00:19:19	Adam	Weller	Hastings Runners	245	Vet Men 40-44	70.03
57	00:19:30	00:19:25	Graham	Hollands	Eastbourne Rovers AC	288	Senior Men 18-39	68.39
58	00:19:31	00:19:26	Sally	Alexander	Lingfield RC	1	Vet Women 50-54	88.34
59	00:19:34	00:19:30	Alfie	Lovett	Cornwall AC	129	Senior Men 18-39	65.68
60	00:19:35	00:19:32	Ella	Perry	Eastbourne Rovers AC	176	Senior Women 18-39	75.22
61	00:19:36	00:19:30	James	Willis	Lingfield RC	252	Vet Men 45-49	73.98
62	00:19:39	00:19:34	Simon	Newstead	Hastings Runners	153	Vet Men 40-44	70.40
63	00:19:44	00:19:39	Tim	Haffenden		91	Vet Men 50-54	74.64
64	00:19:49	00:19:46	Jonan Lee	Davis	Brighton & Hove City AC	268	Vet Men 40-44	68.30
65	00:19:49	00:19:45	Caroline	Hoyte	Arena 80 AC	314	Vet Women 55-59	88.97
66	00:19:50	00:19:46	Ziad	Wattar	Brighton & Hove City AC	280	Vet Men 40-44	69.79
67	00:19:58	00:19:51	Nick	Alexandrou	Brighton Phoenix	3	Vet Men 45-49	72.58
68	00:20:04	00:19:59	Eileen	Beach	Lewes AC	328	Senior Women 18-39	73.44
69	00:20:05	00:19:59	Helen	Watts	Haywards Heath Harriers	312	Vet Women 45-49	80.31
70	00:20:07	00:20:03	Dan	Vaughan	Arena 80 AC	228	Vet Men 50-54	75.00
71	00:20:10	00:20:05	Claire	Keith	Hailsham Harriers	118	Vet Women 40-44	75.04
72	00:20:10	00:20:07	Dan	Oppe	Lingfield RC	158	Vet Men 40-44	69.12
73	00:20:16	00:20:11	Jacob	Smith	Crowborough Runners	205	Junior Men 10-17	63.89
74	00:20:21	00:20:15	Travis	Golbey	Burgess Hill Runners	82	Vet Men 55-59	74.75
75	00:20:24	00:20:19	Hugh	Richardson		316	Senior Men 18-39	65.87
76	00:20:25	00:20:20	Peter	Mills	Striders of Croydon AC	147	Senior Men 18-39	65.82
77	00:20:26	00:20:20	Charlie	Fawls		272	Junior Men 10-17	75.18
78	00:20:31	00:20:26	Mia	Edwards	Brighton Phoenix	347	Senior Women 18-39	71.83
79	00:20:33	00:20:29	Cathy	Beresford	Lewes AC	282	Senior Women 18-39	72.37
80	00:20:34	00:20:26	Christopher	Tighe	Marshall Milton Keynes AC	216	Senior Men 18-39	62.67
81	00:20:36	00:20:32	Jimmy	Elford	Hastings Runners	58	Vet Men 45-49	68.72
82	00:20:37	00:20:31	Oliver	Paterson	Hailsham Harriers	169	Senior Men 18-39	62.98

Kings Head Canter 2026

Kings Head Canter 5K

31 August 2026 11:00

83	00:20:38	00:20:31	Dom	Fawls		271	Vet Men 45-49	68.60
84	00:20:43	00:20:39	Claire	Lockwood	Meads Runners	128	Vet Women 40-44	73.07
85	00:20:44	00:20:40	Geraldine	Moffat	Brighton & Hove City AC	329	Vet Women 60-64	91.43
86	00:20:44	00:20:41	Marco	Royes	Eastbourne Rovers AC	198	Senior Men 18-39	61.96
87	00:20:45	00:20:40	Rosie	Neill	Seaford Striders RC	152	Senior Women 18-39	71.31
88	00:21:03	00:20:55	Will	Axell	Haywards Heath Harriers	6	Senior Men 18-39	63.82
89	00:21:04	00:20:58	Daniel	Hunter-Evans		110	Senior Men 18-39	63.31
90	00:21:06	00:21:01	James	Kilfiger	Lingfield RC	331	Vet Men 50-54	70.92
91	00:21:07	00:20:59	Shaun	Pearce		174	Vet Men 55-59	72.04
92	00:21:11	00:21:05	Maria	Smith	Hailsham Harriers	207	Vet Women 50-54	78.69
93	00:21:13	00:21:06	Sam	Winter		255	Senior Men 18-39	60.64
94	00:21:15	00:21:08	Phil	Wood	Eastbourne Rovers AC	257	Vet Men 50-54	71.02
95	00:21:17	00:21:02	Gary	Christie	Brighton & Hove City AC	265	Vet Men 60-64	77.24
96	00:21:28	00:21:22	Simon	Linklater	Hastings Runners	126	Vet Men 45-49	65.97
97	00:21:31	00:21:23	Ian	Weston	Polegate Plodders	249	Vet Men 60-64	75.05
98	00:21:34	00:21:25	Paula	Blackledge	Brighton & Hove City AC	14	Vet Women 50-54	78.15
99	00:21:37	00:21:29	Bruce	Girvan		81	Vet Men 55-59	72.19
100	00:21:43	00:21:39	Lee	Prince		185	Vet Men 50-54	68.37
101	00:21:48	00:21:43	Rue	Franklin		72	Vet Men 55-59	70.95
102	00:21:50	00:21:45	Simon	Weatherley	Hastings Runners	241	Vet Men 40-44	62.42
103	00:21:55	00:21:46	Jo	Bedford	Run Wednesdays	12	Vet Women 45-49	74.42
104	00:21:56	00:21:48	Christopher	Ralls		322	Vet Men 45-49	65.04
105	00:21:58	00:21:52	Liam	Alexandrou	Brighton Phoenix	4	Junior Men 10-17	63.16
106	00:22:06	00:21:59	Ryan	West		248	Vet Men 45-49	63.59
107	00:22:06	00:21:59	Andrew	Strongitharm		213	Senior Men 18-39	58.31
108	00:22:08	00:22:00	Claire	Thomas	Hastings Runners	279	Vet Women 40-44	68.80
109	00:22:09	00:21:55	Steven	Butcher		318	Vet Men 65-69	76.28
110	00:22:09	00:22:02	David	Corney		37	Vet Men 50-54	68.13
111	00:22:09	00:22:01	Andy	Lee	Hastings Runners	125	Vet Men 70-74	78.72
112	00:22:11	00:22:07	John	Lowden	Brighton & Hove City AC	290	Vet Men 70-74	78.61
113	00:22:12	00:22:03	Darren	Barzee	Hastings Runners	10	Vet Men 55-59	70.91
114	00:22:12	00:21:59	Heather	Jenner	Eastbourne Rovers AC	115	Vet Women 40-44	69.48
115	00:22:15	00:22:06	John	Harding	Portslade HedgeHoppers	93	Vet Men 65-69	75.25
116	00:22:19	00:22:08	Tim	Grice		89	Senior Men 18-39	58.21
117	00:22:33	00:22:24	Zak	Bryant	Crowborough Runners	23	Junior Men 10-17	65.46
118	00:22:34	00:22:24	James	Bryant	Crowborough Runners	24	Senior Men 18-39	57.87
119	00:22:35	00:22:26	James	Churchward		266	Junior Men 10-17	63.21
120	00:22:37	00:22:28	Chris	Greatorrex	Polegate Plodders	86	Vet Men 55-59	67.83
121	00:22:42	00:22:33	Andy	Elphick	Portslade HedgeHoppers	59	Vet Men 60-64	69.94
122	00:22:49	00:22:40	Michael	Norris	Hastings Runners	155	Vet Men 60-64	69.57
123	00:22:53	00:22:43	Finlay	Perry	Crowborough Runners	291	Junior Men 10-17	67.17
124	00:22:54	00:22:46	Will	Eyles		62	Vet Men 45-49	62.31

Kings Head Canter 2026

Kings Head Canter 5K

31 August 2026 11:00

125	00:22:59	00:22:53	Darren	Grice	Hailsham Harriers	88	Senior Men 18-39	58.01
126	00:23:02	00:22:49	Rowan	Baker		260	Vet Men 40-44	60.10
127	00:23:06	00:22:56	Zebedee	Smith	Crowborough Runners	294	Junior Men 10-17	63.91
128	00:23:06	00:22:57	David	Waddington	Lingfield RC	231	Vet Men 40-44	58.56
129	00:23:07	00:23:00	Chris	Nolan		154	Senior Men 18-39	56.50
130	00:23:13	00:23:02	Katherine	Wallek	Brighton Phoenix	235	Vet Women 50-54	73.41
131	00:23:14	00:23:05	Andy	Diplock	Heathfield RRC	51	Vet Men 50-54	64.42
132	00:23:17	00:23:11	Oliver	Butts		297	Vet Men 40-44	58.11
133	00:23:18	00:23:12	Jay	Roberts		196	Vet Men 40-44	59.38
134	00:23:24	00:23:15	Simon	Harris	Lingfield RC	95	Vet Men 50-54	62.94
135	00:23:28	00:23:16	Phil	Wallek	Burgess Hill Runners	236	Vet Men 50-54	62.25
136	00:23:33	00:23:22	Will	Stringer	Great Expectations	300	Senior Men 18-39	54.55
137	00:23:36	00:23:21	Grant	Meyer	Eastbourne Rovers AC	142	Vet Men 45-49	59.53
138	00:23:43	00:23:33	Sophie	Davis	Lingfield RC	334	Vet Women 40-44	65.04
139	00:23:44	00:23:36	Dermot	O'Rourke	Run Wednesdays	161	Senior Men 18-39	54.13
140	00:23:46	00:23:40	Ciaran	Weldon	Eastbourne Rovers AC	244	Vet Men 55-59	64.57
141	00:23:53	00:23:38	Andy	Knight	Hastings Runners	123	Vet Men 60-64	68.24
142	00:24:02	00:23:51	Daniel	Allen	Brighton Phoenix	281	Vet Men 65-69	70.31
143	00:24:08	00:23:49	Stephen	Divers	Burgess Hill Runners	298	Vet Men 45-49	60.07
144	00:24:09	00:24:00	Gemma	Field		65	Senior Women 18-39	61.01
145	00:24:12	00:24:00	Robert	Ramsden	Run Wednesdays	187	Vet Men 65-69	68.55
146	00:24:13	00:24:07	Amelia	Brown	Crowborough Runners	317	Junior Women 10-17	65.06
147	00:24:17	00:24:08	David	Watkins	Lingfield RC	240	Vet Men 60-64	67.69
148	00:24:18	00:24:12	Sarah	Stewart	Hastings Runners	212	Senior Women 18-39	60.79
149	00:24:26	00:24:20	Lindsey	Jones	Hastings Runners	289	Senior Women 18-39	61.35
150	00:24:33	00:24:24	Michelle	Pope	Lewes AC	184	Vet Women 40-44	63.32
151	00:24:34	00:24:29	Vincent	Marten	Team Marten	345	Junior Men 10-17	52.72
152	00:24:36	00:24:31	Steven	Lowry-Smith	Brighton & Hove City AC	131	Vet Men 60-64	65.07
153	00:24:36	00:24:17	Sam	Hyne		349	Senior Men 18-39	52.28
154	00:24:41	00:24:23	Christopher	Lugg	Uckfield Runners	132	Vet Men 45-49	57.82
155	00:24:51	00:24:46	Michael	Gillingham	Lewes AC	80	Vet Men 40-44	55.69
156	00:24:52	00:24:38	Gerard	Witham	Hastings Runners	256	Vet Men 50-54	60.69
157	00:24:55	00:24:41	Neil	Walford		232	Vet Men 60-64	64.80
158	00:24:56	00:24:44	Peter	Parr	Hastings Runners	166	Vet Men 50-54	58.59
159	00:24:57	00:24:46	Reuven	Young		346	Vet Men 45-49	57.19
160	00:25:04	00:24:53	Richard	Guest	Portslade HedgeHoppers	306	Vet Men 60-64	63.31
161	00:25:06	00:24:56	Alice	Wingfield	Uckfield Runners	308	Senior Women 18-39	59.26
162	00:25:08	00:24:55	Martin	Mcfall	Heathfield RRC	338	Vet Men 55-59	61.57
163	00:25:12	00:25:02	Charlotte	Rawlinson	Portslade HedgeHoppers	192	Senior Women 18-39	59.01
164	00:25:13	00:25:00	Xiulan	Han	Hastings Runners	92	Vet Women 65-69	79.12
165	00:25:18	00:25:11	Holly	Zorn		305	Junior Women 10-17	60.17
166	00:25:18	00:25:11	Duncan	Zorn		304	Vet Men 45-49	55.54

Kings Head Canter 2026

Kings Head Canter 5K

31 August 2026 11:00

167	00:25:20	00:25:14	Jessica	Vora	Hastings Runners	230	Senior Women 18-39	58.20
168	00:25:28	00:25:08	Jessica	Merulla		348	Senior Women 18-39	57.87
169	00:25:29	00:25:16	Daniel	Garbett	Run Wednesdays	75	Vet Men 60-64	63.38
170	00:25:34	00:25:21	Louise	Cavill	Hastings Runners	30	Vet Women 40-44	59.22
171	00:25:34	00:25:20	Ailsa	Jennings-Bramly	Collingwood AC	116	Senior Women 18-39	57.64
172	00:25:38	00:25:22	Scott	O'Rourke	Run Wednesdays	160	Vet Men 50-54	58.37
173	00:25:40	00:25:40	Jim	Baird		8	Vet Men 60-64	61.85
174	00:25:52	00:25:34	Paul	Rawlinson	Portslade HedgeHoppers	191	Vet Men 65-69	65.95
175	00:25:53	00:25:47	Peter	Miller	Lewes AC	144	Vet Men 55-59	60.28
176	00:25:54	00:25:39	Liudmila	Fleming	Hastings Runners	69	Vet Women 50-54	66.56
177	00:25:55	00:25:40	Ruth	Spiller	Hastings Runners	209	Vet Women 60-64	72.25
178	00:25:57	00:25:46	Thomas	Dean	Crowborough Runners	48	Junior Men 10-17	55.02
179	00:25:57	00:25:46	Alan	Dean	Crowborough Runners	46	Vet Men 45-49	54.98
180	00:25:59	00:25:44	Andrew	Fleming	Hastings Runners	68	Vet Men 65-69	65.00
181	00:26:03	00:25:52	John	Crockford	Crowborough Runners	39	Vet Men 55-59	59.41
182	00:26:05	00:26:00	Nigel	Turley	Lonely Goats RC	222	Vet Men 65-69	64.17
183	00:26:12	00:26:01	Kerry	Kipling	Portslade HedgeHoppers	120	Vet Women 55-59	67.31
184	00:26:15	00:25:59	Pete	Heasman	Hastings Runners	330	Vet Men 55-59	58.46
185	00:26:15	00:26:03	Philippa	Elford	Hastings Runners	57	Senior Women 18-39	57.34
186	00:26:22	00:26:14	Rob	O'Reilly		159	Vet Men 45-49	53.30
187	00:26:22	00:26:08	Grace	Harvey		327	Junior Women 10-17	63.72
188	00:26:23	00:26:09	Dave	Harvey		96	Vet Men 45-49	54.51
189	00:26:23	00:26:07	Emily	Fawls		273	Vet Women 45-49	59.42
190	00:26:28	00:26:21	Glen	Hedges	Haywards Heath Harriers	100	Senior Men 18-39	49.68
191	00:26:33	00:26:16	Richard	Househam	Seaford Striders RC	108	Vet Men 65-69	64.24
192	00:26:38	00:26:33	Penny	Turley	Lonely Goats RC	223	Vet Women 65-69	77.99
193	00:26:38	00:26:27	Henry	Cowrtiek		350	Senior Men 18-39	49.70
194	00:26:45	00:26:33	Magda	Strycharska		340	Vet Women 45-49	59.72
195	00:26:50	00:26:33	Brian	Barley	Heathfield RRC	9	Vet Men 50-54	56.22
196	00:26:52	00:26:41	Andy	Lovett		130	Vet Men 55-59	58.06
197	00:27:08	00:26:55	Jacy	Marks		339	Vet Women 55-59	64.26
198	00:27:08	00:26:53	David	Nottidge	Lingfield RC	156	Vet Men 70-74	64.27
199	00:27:09	00:26:59	Rachael	Inns	Hastings Runners	274	Vet Women 40-44	56.43
200	00:27:11	00:26:44	Eddie	Perez		175	Vet Men 60-64	58.90
201	00:27:16	00:27:02	Mark	Wardle	Tri Tempo	238	Vet Men 60-64	59.77
202	00:27:16	00:27:08	Jake	Frizzell		73	Junior Men 10-17	49.70
203	00:27:17	00:27:06	Allan	Payne	Hastings Runners	276	Vet Men 70-74	66.53
204	00:27:24	00:27:07	Jessica	Bass	Eastbourne Rovers AC	11	Senior Women 18-39	53.79
205	00:27:30	00:27:14	Nick	Webb	Hastings Runners	295	Vet Men 65-69	62.70
206	00:27:33	00:27:18	Laura	Stapley	Hastings Runners	278	Senior Women 18-39	53.99
207	00:27:34	00:27:14	Nic	Gibson	Uckfield Runners	79	Vet Men 60-64	57.57
208	00:27:35	00:27:22	Jacqueline	Scott	Hastings Runners	201	Vet Women 50-54	62.49

Kings Head Canter 2026

Kings Head Canter 5K

31 August 2026 11:00

209	00:27:36	00:27:26	Stephanie	Davis		42	Senior Women 18-39	53.39
210	00:27:42	00:27:25	Alison Jane	Househam	Seaford Striders RC	107	Vet Women 65-69	72.05
211	00:27:48	00:27:35	Mark	Pappenheim	Lewes AC	164	Vet Men 70-74	62.71
212	00:27:49	00:27:31	Jennifer	Willis	Lingfield RC	253	Vet Women 45-49	58.62
213	00:28:05	00:27:51	John	Tighe		217	Vet Men 60-64	57.50
214	00:28:09	00:27:49	Sarah	Kirkpatrick		122	Vet Women 55-59	63.39
215	00:28:11	00:28:06	Chace	Marten	Team Marten	344	Junior Men 10-17	46.53
216	00:28:17	00:28:08	Nikki	Churchward		267	Vet Women 45-49	57.66
217	00:28:27	00:28:18	Michael	Gibbons	Arena 80 AC	78	Vet Men 65-69	60.60
218	00:28:31	00:28:12	Nigel	Cruttenden	Burgess Hill Runners	40	Vet Men 65-69	60.46
219	00:28:32	00:28:25	Matthew	Ward		237	Senior Men 18-39	45.75
220	00:28:36	00:28:24	Rob	Mills	Great Expectations	146	Senior Men 18-39	44.93
221	00:28:38	00:28:23	Daniel	Ratnarajah	Hastings Runners	189	Vet Men 55-59	53.57
222	00:28:39	00:28:26	Peter	Burfoot	Wadhurst Runners	27	Vet Men 70-74	63.36
223	00:28:41	00:28:25	Kevin	Walker		301	Vet Men 55-59	53.04
224	00:28:48	00:28:44	Paula	Marten	Team Marten	138	Vet Women 55-59	61.96
225	00:28:54	00:28:36	Paula	Elphick	Portslade HedgeHoppers	60	Vet Women 55-59	63.24
226	00:28:55	00:28:47	Joseph	Frizzell		74	Junior Men 10-17	53.14
227	00:28:58	00:28:44	James	Hooper	Hastings Runners	319	Vet Men 50-54	51.26
228	00:29:01	00:28:52	Chris	Alexander		2	Senior Men 18-39	44.77
229	00:29:05	00:28:46	Adam	Kipling	Portslade HedgeHoppers	121	Vet Men 55-59	52.76
230	00:29:07	00:28:49	Mark	Ashby	Heathfield RRC	5	Vet Men 45-49	48.63
231	00:29:15	00:29:03	Jess	Cherry		263	Senior Women 18-39	50.37
232	00:29:20	00:29:01	Clare	Warren	Heathfield RRC	239	Vet Women 60-64	63.82
233	00:29:21	00:28:59	Liam	Backler		259	Vet Men 55-59	51.85
234	00:29:21	00:29:00	Spencer	Grout		336	Vet Men 55-59	51.84
235	00:29:22	00:29:12	Jamie	Pilton		180	Vet Men 50-54	50.96
236	00:29:28	00:29:19	Kheira	Eyles		61	Senior Women 18-39	51.09
237	00:29:37	00:29:21	Niamh	Pearce		171	Vet Women 55-59	59.56
238	00:29:40	00:29:23	Michelle	Kinsella	Run Wednesdays	119	Vet Women 55-59	59.45
239	00:29:44	00:29:24	David	Parker	Uckfield Runners	165	Vet Men 70-74	59.37
240	00:29:55	00:29:42	Nikki	Maher		133	Vet Women 60-64	61.82
241	00:29:59	00:29:36	Alice	Tigwell	Hastings Runners	218	Senior Women 18-39	49.78
242	00:30:11	00:29:52	Lorraine	Diplock	Heathfield RRC	52	Vet Women 55-59	60.54
243	00:30:14	00:29:59	Kevin	Battell	Crowborough Runners	324	Vet Men 60-64	53.89
244	00:30:20	00:30:00	Debra	Van Aalst	Hastings Runners	320	Vet Women 65-69	65.80
245	00:30:23	00:30:08	Beau	Burret	Hailsham Harriers	26	Junior Men 10-17	50.58
246	00:30:23	00:30:09	Laurie	Burrett	Hailsham Harriers	29	Vet Men 40-44	45.54
247	00:30:26	00:30:09	Colin	Burbage	Run Wednesdays	25	Vet Men 65-69	55.50
248	00:30:27	00:30:23	Oliver	Lofthouse		309	Junior Men 10-17	48.49
249	00:30:29	00:30:08	Matthew	Oades		157	Vet Men 45-49	46.45
250	00:30:32	00:30:15	Katherine	Allenby		326	Vet Women 45-49	52.84

Kings Head Canter 2026

Kings Head Canter 5K

31 August 2026 11:00

251	00:30:32	00:30:15	Sebastian	Allenby		325	Junior Men 10-17	46.74
252	00:30:37	00:30:13	Victoria	Prestney-Vaughan	Hastings Runners	307	Vet Women 40-44	50.79
253	00:30:42	00:30:27	Su	Sparkes	Hastings Runners	208	Vet Women 50-54	56.14
254	00:30:44	00:30:21	Emma	West		247	Senior Women 18-39	47.94
255	00:30:44	00:30:21	David	West		246	Vet Men 60-64	52.55
256	00:30:48	00:30:35	Chloe	Sinden	Hastings Runners	277	Senior Women 18-39	47.83
257	00:30:55	00:30:47	David	Cottingham		38	Vet Men 65-69	55.75
258	00:31:01	00:30:42	Robert	Llewellyn	Lingfield RC	127	Senior Men 18-39	43.31
259	00:31:11	00:30:49	Emma	Gearing	Uckfield Runners	285	Vet Women 45-49	50.28
260	00:31:11	00:30:50	Neil	Gearing	Uckfield Runners	286	Vet Men 50-54	46.84
261	00:31:34	00:31:23	Jacquie	Hendty		103	Vet Women 60-64	59.32
262	00:31:35	00:31:10	Rebecca	Smith		315	Senior Women 18-39	46.84
263	00:31:39	00:31:28	Sophie	Clays		34	Vet Women 45-49	49.97
264	00:31:41	00:31:21	Sally	Ryan		199	Vet Women 40-44	47.77
265	00:31:43	00:31:23	Nathan	Hucks		333	Senior Men 18-39	40.77
266	00:31:48	00:31:28	Beatrice	Walker		332	Senior Women 18-39	46.53
267	00:31:55	00:31:43	Kevin	Morris	Lonely Goats RC	150	Vet Men 60-64	50.60
268	00:32:02	00:31:40	Steve	Uzzell	Hastings Runners	227	Vet Men 75-79	63.29
269	00:32:13	00:31:59	Sue	Booth		15	Vet Women 70-74	66.31
270	00:32:17	00:32:03	Tori	Bramly		19	Vet Women 55-59	55.92
271	00:32:19	00:32:04	Sharon	Wheeler	Crowborough Runners	251	Vet Women 65-69	61.75
272	00:32:22	00:32:10	Nicole	Dixon	Uckfield Runners	269	Vet Women 45-49	49.84
273	00:32:27	00:32:04	Jaleh	Nahui	Uckfield Runners	321	Vet Women 45-49	49.22
274	00:32:27	00:32:17	Richard	Field		66	Vet Men 65-69	52.05
275	00:32:30	00:32:13	Karen	Parris		167	Vet Women 55-59	53.64
276	00:32:31	00:32:09	Tracy	Ratnarajah	Hastings Runners	190	Vet Women 60-64	58.29
277	00:32:36	00:32:25	Sarah	Ferguson	Lingfield RC	64	Vet Women 40-44	47.33
278	00:32:38	00:32:26	Jayne	Morris	Lonely Goats RC	149	Vet Women 55-59	54.68
279	00:32:38	00:32:26	Nicola	Hollands		323	Vet Women 40-44	46.65
280	00:32:39	00:32:27	Abigail	Morris	Hailsham Harriers	151	Senior Women 18-39	45.14
281	00:32:43	00:32:14	David	Seabrook		202	Vet Men 60-64	48.52
282	00:33:06	00:33:01	Joss	Salter		310	Vet Women 45-49	47.36
283	00:33:06	00:33:02	Oscar	Salter-Lewis		311	Junior Men 10-17	44.61
284	00:33:09	00:32:47	Henry	Mann	Hastings Runners	136	Vet Men 65-69	50.97
285	00:33:23	00:33:03	Kim	Gow	Burgess Hill Runners	84	Vet Women 70-74	63.09
286	00:33:28	00:33:14	Laura	Staffa		210	Vet Women 45-49	47.27
287	00:33:29	00:33:09	Susan	Mann	Hastings Runners	135	Vet Women 65-69	60.40
288	00:33:32	00:33:19	Samantha	Ramsden	Run Wednesdays	188	Vet Women 60-64	55.17
289	00:33:38	00:33:24	JOHN	Bartlett		341	Vet Men 55-59	45.25
290	00:33:38	00:33:25	Elle	Rossi		342	Senior Women 18-39	43.81
291	00:33:46	00:33:29	Nicola	Kaye		117	Vet Women 50-54	49.37
292	00:33:54	00:33:39	James	Welbury	Crowborough Runners	242	Vet Men 65-69	49.85

Kings Head Canter 2026

Kings Head Canter 5K

31 August 2026 11:00

293	00:34:04	00:33:44	Theresa	Donohue	Lingfield RC	53	Vet Women 55-59	53.64
294	00:34:13	00:33:49	Sarah	Marzaioli	Hastings Runners	139	Vet Women 75-79	68.17
295	00:34:24	00:34:11	Lisa	Pontremoli		183	Vet Women 55-59	51.86
296	00:34:27	00:34:10	Sue	Scott	Run Wednesdays	200	Vet Women 55-59	51.20
297	00:34:32	00:34:14	Jessica	Mills		145	Senior Women 18-39	43.07
298	00:34:39	00:34:20	Charlotte	Davis		284	Senior Women 18-39	42.52
299	00:34:50	00:34:28	Stephen	Green	Uckfield Runners	87	Vet Men 55-59	45.18
300	00:35:10	00:34:45	Yock Lin	Richardson	Hastings Runners	195	Vet Women 80+	69.68
301	00:35:30	00:35:11	Claire	Williams	Lingfield RC	335	Vet Women 45-49	44.16
302	00:35:35	00:35:19	Christine	Gibbons	Arena 80 AC	77	Vet Women 65-69	58.40
303	00:35:38	00:35:17	Mark	Piper	Lonely Goats RC	181	Vet Men 60-64	45.33
304	00:36:16	00:35:54	Ruth	Day	Burgess Hill Runners	45	Vet Women 60-64	51.62
305	00:36:22	00:35:58	Joanne	Fellows	Hastings Runners	63	Vet Women 50-54	46.34
306	00:36:23	00:36:07	Nuala	O'Rourke		163	Senior Women 18-39	40.49
307	00:37:07	00:36:43	Michelle	Baird		7	Vet Women 50-54	44.42
308	00:37:07	00:36:42	Iain	Hendry		102	Vet Men 55-59	42.40
309	00:37:36	00:37:13	Sarah	Denman	Hastings Runners	49	Vet Women 40-44	41.34
310	00:37:37	00:37:14	Christine	Morgan	Hastings Runners	148	Vet Women 45-49	42.05
311	00:38:07	00:37:46	Sara	Grace	Uckfield Runners	85	Vet Women 55-59	47.95
312	00:38:46	00:38:25	Florence	Bridger	Uckfield Runners	21	Vet Women 60-64	48.30
313	00:39:40	00:39:19	Jan	Groom	Uckfield Runners	90	Vet Women 70-74	56.23
314	00:40:11	00:40:06	Roberto	Proietti	Hailsham Harriers	186	Vet Men 75-79	48.38
315	00:40:16	00:40:00	Dominique	Welbury		243	Vet Women 65-69	51.60
316	00:40:22	00:40:06	Barbara	Collier		35	Vet Women 70-74	52.90
317	00:41:44	00:41:25	Grace	Holdstock		105	Junior Women 10-17	35.87
318	00:41:45	00:41:26	Michelle	Holdstock		104	Vet Women 45-49	38.65
319	00:42:44	00:42:28	Peter	Jenkins	Worthing Striders	114	Vet Men 75-79	44.64
320	00:45:17	00:45:00	Anna	Zorn	Uckfield Runners	303	Vet Women 45-49	34.62
321	00:45:17	00:45:00	Emily	Zorn		302	Junior Women 10-17	37.10
322	00:46:01	00:45:34	Robert	Clark	Hastings Runners	32	Vet Men 70-74	38.37
323	00:46:04	00:45:42	Helen	O'Rourke		162	Vet Women 50-54	37.42
324	00:52:59	00:52:31	Mark	Dunn	Hastings Runners	55	Vet Men 65-69	31.60
325	00:52:59	00:52:32	Sarah	Heasman	Hastings Runners	98	Vet Women 50-54	32.17
326	01:04:39	01:04:29	David	Dobbs		270	Vet Men 80+	36.91